



Are you looking for more information about alcohol and other drugs or seeking referrals to prevention, intervention, treatment and recovery resources?

The [Alcohol/Drug 24-Hour Help Line \(ADHL\)](#) – a confidential, Washington State telephone service – fields such questions from the general public and the professional community. Trained individuals provide crisis intervention and referrals for people with alcohol and other drug-related questions and concerns. They handle phone calls received through their local number, 206-722-3700, or toll-free number, 800-562-1240 (in Washington State only).

Founded in 1979, the ADHL is a nonprofit social service agency which receives funding from various sources including: the Washington State Department of Social and Health Services' Division of Alcohol and Substance Abuse (DASA), the King County Department of Community and Human Services' Mental Health and Chemical Abuse Dependency Services Division (MHCADSD), other organizations, and individual donors.

Beginning in 2004, MHCADSD sponsored the [Spotlight on Recovery Stigma Reduction Project \(SOR\)](#), a grassroots alliance whose mission is: “promoting the dignity of people in recovery from alcoholism and drug addiction.” The ADHL has been instrumental in supporting and hosting SOR since its inception.

More information about the ADHL and its array of services (including the Washington State Alcohol and Drug Clearinghouse, the Teenline, the Domestic Violence Outreach Project, and SOR) is available on their website at <http://www.adhl.org> and in the article, “Helpline Continues to Provide Vital Services,” from the DASA newsletter, [Washington FOCUS](#).